

Year	Age	Sex	Height (cm)	Weight (kg)	Body mass index (kg/m ²)	Waist circumference (cm)	Hip circumference (cm)	Waist:hip ratio	Waist:height ratio	Waist:weight ratio	Waist:height:weight ratio
1992	18-24	Male	175.0	75.0	24.2	85.0	100.0	0.85	0.18	0.0085	
1993	25-34	Female	165.0	65.0	23.8	80.0	95.0	0.84	0.17	0.0084	
1994	35-44	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
1995	45-54	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
1996	55-64	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
1997	65-74	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
1998	75-84	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
1999	85-94	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2000	95-104	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2001	105-114	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2002	115-124	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2003	125-134	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2004	135-144	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2005	145-154	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2006	155-164	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2007	165-174	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2008	175-184	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2009	185-194	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2010	195-204	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2011	205-214	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2012	215-224	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2013	225-234	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2014	235-244	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2015	245-254	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2016	255-264	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2017	265-274	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2018	275-284	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2019	285-294	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2020	295-304	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2021	305-314	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2022	315-324	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.0085	
2023	325-334	Female	160.0	60.0	23.8	80.0	95.0	0.84	0.17	0.0084	
2024	335-344	Male	170.0	70.0	24.2	85.0	100.0	0.85	0.18	0.	

5

10